

How common is burnout among Michigan primary care physicians?

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Background

The Center for Health and Research Transformation (CHRT) conducted a survey of Michigan primary care physicians in family medicine and internal medicine specialties. The physicians were asked about their job satisfaction and stress level and were also asked about their self-perceived level of burnout.

More than three-quarters of primary care physicians (77 percent) reported they were satisfied with their current job (Figure 1). However, over half (59 percent) also reported feeling a great deal of job-related stress (Figure 2).

Findings

Figure 1

Job satisfaction among Michigan primary care physicians[^]

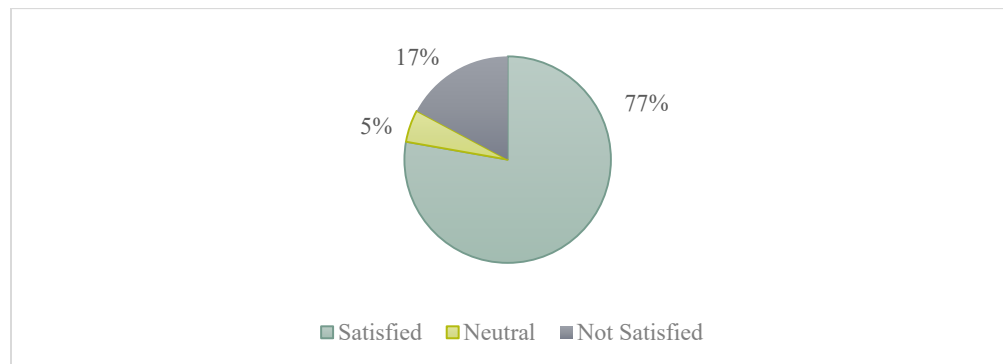
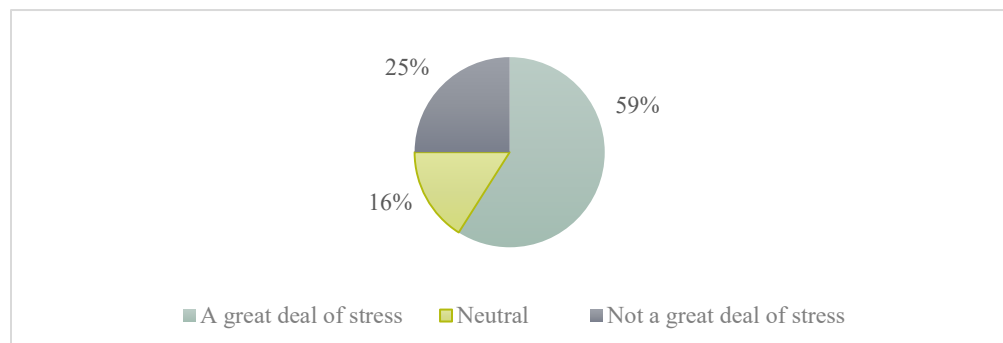


Figure 2

Job-related stress among Michigan primary care physicians[^]



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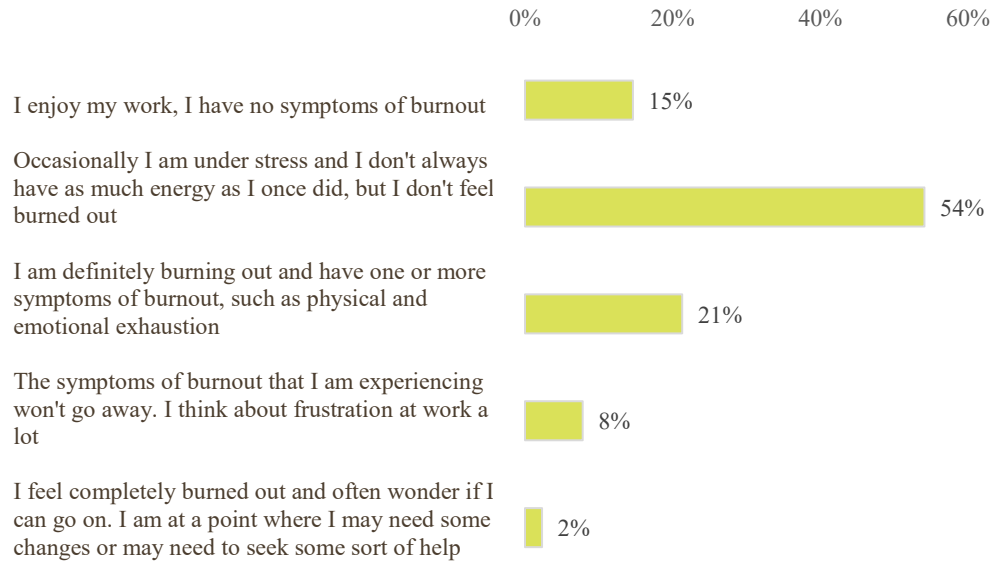
CHRT is an independent 501(c)(3) impact organization with a mission to advance evidence-based care delivery, improve population health and expand access to care.

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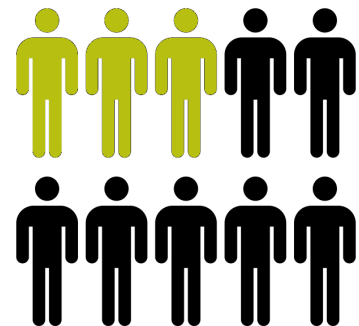
The majority (54 percent) of primary care physicians reported they are under occasional stress, but did not feel symptoms of burnout (Figure 3).

Figure 3

Self-described symptoms of burnout among primary care physicians[^]



Overall, among primary care physicians surveyed, three out of every ten physicians (31 percent) reported symptoms of burnout[^].



[^]SOURCE : CHRT Michigan Physician Survey 2018